



Enjoyment leads to success

The definition of “**GUSTO**” is the enjoyment and enthusiasm in doing something.

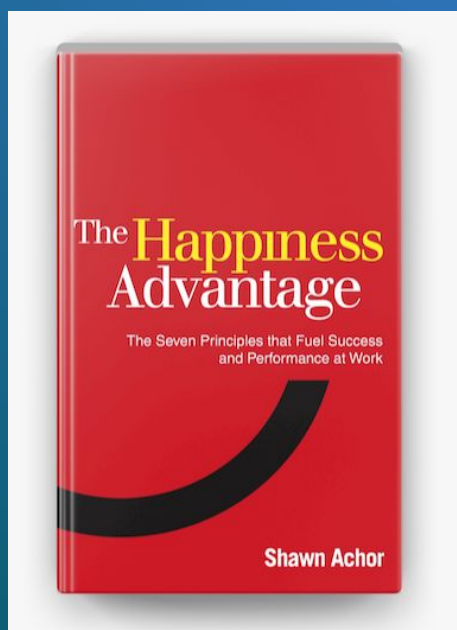
How much do you enjoy doing your schoolwork? Can you cultivate a positive mindset that leads to more enjoyment and consequently success?

This year’s theme of GUSTO will be focusing on helping you to find ways to enjoy your learning to increase your happiness and achievement.

The rationale: studies of positive psychology prove that happiness is a key driver and requirement in achieving success. One reason is that positive feelings make your brain work better. Positive emotion triggers the release of serotonin and dopamine, two hormones which significantly improve motivation, memory, problem-solving, focus and the ability to process multiple concepts at the same time. Studies have shown that students don’t just like subjects they’re good at, they also do better at these subjects, because they enjoy them and therefore their brains are working better. I am sure that this makes sense to you, that you all do well in subjects that you enjoy, correct?

So, if we want to get better at all of our subjects, we need to start finding ways to enjoy them. Your teachers have put together some ideas of how you could transfer your passion for one subject to another. Take a look and let’s get some more GUSTO into our lives this year.

Mrs V. Hargreaves  
More Able Coordinator



Everyone knows that if you work hard, you will be more successful in life, and if you are more successful, then you’ll be happy, right? Recent discoveries in the field of positive psychology show that this formula is actually backward: happiness fuels success, not the other way around.

**Shawn Achor**

Best selling author and motivational speaker

<https://www.shawnachor.com>



# ART

A level Fine Art students demonstrate understanding of artists by producing transcriptions of their work. They then produce their own response in an appropriate material or technique.



## Resources

The best resource possible is to go out and see art in the flesh! Get yourself to a local gallery or to a big London gallery.

## Recommended visits:

- National Gallery
- Tate Modern
- National Portrait Gallery
- Saatchi Gallery

## Useful websites:

[www.studentartguide.com](http://www.studentartguide.com)  
[www.pinterest.co.uk](http://www.pinterest.co.uk)  
[www.tate.org.uk](http://www.tate.org.uk)

## Art on TV:

How to Paint the Mona Lisa - More4

## Art Films:

'Frida' 2002  
 'Pollock' 2000  
 'Loving Vincent' 2017



## Last Year:

Yr9 and 10 students having a masterclass in willow weaving, led by visiting artist Julia Clarke. These will soon be on display around the school site.

**“Learn the rules like a pro, so you can break them like an artist!”** Pablo Picasso.

**“What would life be if we had no courage to attempt anything”** Vincent Van Gogh.



## This Year:

Opportunities in the Art Department  
KS3 clubs include:

- Photoshop club
- Portrait drawing club
- Drawing and painting club

KS4:

- Lunchtime catch-up sessions
- After school coursework support

KS5:

- Coursework support in study periods and after school
- Personalised learning environment
- Gallery trips

The newly refurbished art rooms will be available for all students to use.

## Gusto project

Use experimental mark making techniques to create an expressive portrait or landscape image. Look at artists such as KwangHo Shin, Maggi Hambling and Louise Kirby.



# BIOLOGY

A year 7 student showing us their model cell that has been created as part of the year 7 communities project.



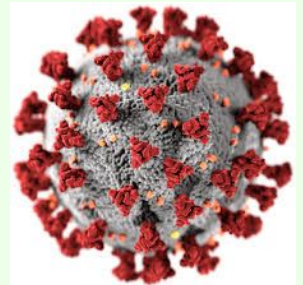
**Expert successes!** A-Level students take part in the 'Your Heart Hospital Patient' programme.

The programme aims to raise awareness, assessment, diagnosis and treatment of heart conditions. Our students gain valuable, hands on experience.



Expert project: Research the different variants of Covid and write a project that answers the following questions:

1. How do different variants arise?
2. How effective is the vaccine against each variant?
3. How are unvaccinated people affected by the delta variant compared to unvaccinated people?



## Become a biology expert.

There are a number of enrichment activities to develop your interest and expertise in biology, including:

- Biology Challenge - Y10
- Intermediate Biology Olympiad Y12
- British Biology Olympiad - Y13
- Crest Award in Biology - Y8
- KS3 Science Club
- Life and Medical Sciences Conference at Hertfordshire Uni
- 'A cutting edge career' surgical conference for A-Level students
- Biology in Action conference

## Gusto project work in biology

Research different medical careers that don't involve being a doctor, nurse or a paramedic. You might want to look into the following fields:

- Radiography
- Haematology
- Dermatology
- Oncology
- Dentistry

## Resources

There are lots of resources for biology that can be found at school, online, or at museums and parks. Below are a few links:

- Aldenham country park  
<https://www.aldenhamcountrypark.co.uk/>
- Natural history museum  
<https://www.nhm.ac.uk/>
- BBC bitesize KS3 -  
<https://www.bbc.co.uk/bitesize/levels/z4kw2hv>
- Hammond biology GCSE and A Level revision  
<http://ahammondbiology.weebly.com/>
- Active learn KS3 resources  
<https://www.pearsonactivelearn.com/app/Home>
- GSK apprenticeships  
<https://uk.gsk.com/en-gb/careers/apprenticeships/>



# BUSINESS STUDIES



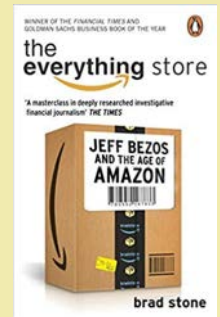
## Expert successes!

- Three successful entrepreneurs joined remotely to share their successes and entrepreneurial journeys.
  - Hannan Malik - **'Nowherenear'**
  - Saher Bhatti - **'Lawful London'**
  - Sangiev Sriskumar - **'Sangiev'**
- Students prepared questions to field to the entrepreneurs.
- Students completed individual or group tasks demonstrating their passions and flair which were presented to classes.

## Resources:

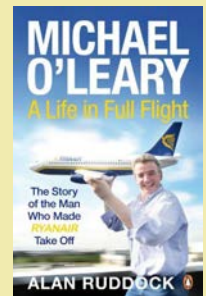
**"The everything store - Jeff Bezos and the age of Amazon"**

Jeff Bezos stands out for his relentless pursuits of new markets.

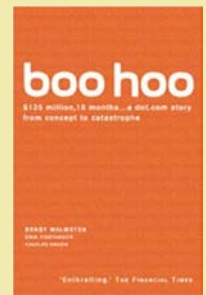


**"A Life in Full Flight"** Michael O'Leary

He transformed Ryanair from a loss-making joke of an Irish airline into one of the most valuable'



**"Boohoo"** \$135 million in 18 months - a dot.com story.



*"Happiness lies in the joy of achievement and the thrill of creative effort".*

Franklin D. Roosevelt - 32nd US President

Immerse yourself in the following activities and enrichment trips:

- Shares4schools
- Subway Challenge
- Young Enterprise 'Tenner Challenge'
- Monday Surgery
- A Level Grade Booster Workshop
- Thorpe Park
- David Lloyd

## Gusto Project

- Develop a unique business idea based on your interests.
- Scan the QR Code to develop your idea using the template provided.



We would be delighted for you to share your ideas with us!





# CHILDCARE



Stretch and challenge is embedded in every lesson. Childcare is a theory based subject. No concept should be taken at face value. More able students are encouraged to debate the concepts, grapple with the theorists and find evidence to support their own view.

Children learn from anything and everything they see. They learn wherever they are, not just in special learning places.

John Holt

Students are encouraged to be proactive in their work experience. Key Stage 5 students will be on placement and are supported to be enthusiastic in their role. This is highly likely to improve the quality of their work.

## Resources

To access different articles on the most current happenings in the childcare sector, follow the links below:

[www.nurseryworld.com](http://www.nurseryworld.com)

[www.earlyyearseducator.co.uk](http://www.earlyyearseducator.co.uk)

[www.early-education.org.uk](http://www.early-education.org.uk)

<https://tactyc.org.uk/journal/>

You could also listen to TED talks by Dr Tanya Byron on YouTube to find out more about current topics.

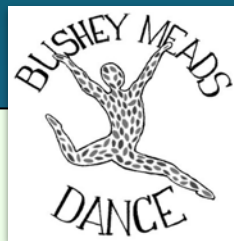


## Gusto project

**KS4/5** - Students are encouraged to show GUSTO in their work through imaginative presentation of coursework. This can include filmed interviews, role play clips and presentations.

Practical demonstrations and activities support learning.

# DANCE



## Gusto Project

### KS3:

Choreograph a short dance, using a prop as a stimulus. Use interesting camera angles to frame your dance and prop.

### KS4/5:

“Is Dance accessible for all abilities?”



GCSE Dancers Milla and Jessica using research to analysis a surrealist art as a stimulus for choreography



**Mad Hatter's Tea Party: a new adaptation where well known characters represent different mental health issues.**



A Level Dancers Csenge and Gabrielle teaching Primary school students

*“I am really interested in creative intelligence and what that means, and how can we harness the incredible creative abilities that young people have? ... This sense of creative freedom is a gift that should be nurtured and encouraged.”*

**Kate Prince, Artistic Director of ZooNation**

Initiate your passion for Dance by participating in the following extra-curricular clubs and enrichment trips:

- Multi Trust Dance Company Youth & Senior groups
- MTDC Choreographers
- A variety of trips and opportunities to extend learning outside the classroom
- GCSE & A Level Body Conditioning Club
- Workshops given from outside professionals
- ‘Screen Dance’ Enrichment Day

### Best Dance resources:

- ‘Move’ Netflix Docu-series
- Strictly Come Dancing Professionals perform with Candoco Dance Company <https://www.youtube.com/watch?v=b8LkktRbr E>
- Wayne McGregor TED talk [https://www.ted.com/talks/wayne\\_mcgregor\\_a\\_choreographer\\_s\\_creative\\_process\\_in\\_real\\_time?language=en](https://www.ted.com/talks/wayne_mcgregor_a_choreographer_s_creative_process_in_real_time?language=en)
- Sadler’s Wells for Live Dance performance <https://www.sadlerswells.com>
- ‘The Dance Cure’ by Dr Peter Lovatt



# DRAMA



*Work exceptionally hard and you may be invited to join Bushey Meads Theatre Company or our Emerging Stars programme. Both companies will have the opportunity to perform throughout the year.*

**The mission of the theatre, after all, is to change, to raise the consciousness of people to their human possibilities - *Arthur Miller***

## Resources:

OCR website: you can download student guides, past papers etc from here.

Sam Learning has some excellent quizzes and activities that help you with your understanding of drama theory.

BBC Bitesize also contains quizzes and useful information for drama students.

Google Arts has wonderful resources for research purposes including interactive tours around theatres etc.

Get ahead and read around the following topics:

Complicite theatre company  
Punchdrunk theatre company  
Bertolt Brecht  
Stanislavski  
Jerzy Grotowski  
Willy Russell  
Absurdist theatre  
Realism/naturalism  
Political theatre  
Physical theatre



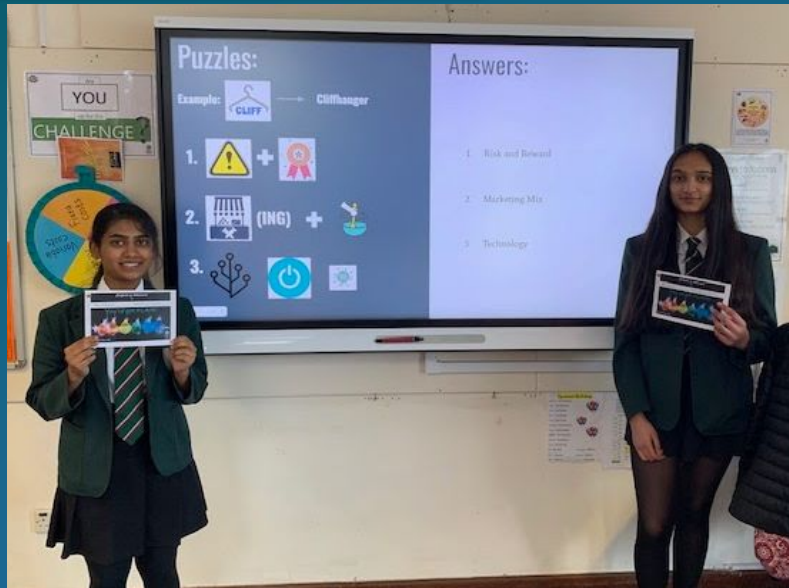
## Perform with Gusto!

**KS3** - Get involved! If you want to explore performing arts, there is no better way to do than to join a club. At Bushey Meads we have many extra curricular clubs to help you get into drama!

**KS4** - Be creative! Don't wait for other people, create your own plays based on the things you care about! Passion is infectious so just get started and focus on what you love!

**KS5** - Incorporate drama techniques into your social media! Tiktok, YouTube, Facebook and other social media platform are full of people performing comedy sketches, miming performances, and creatively telling stories. Why not use your drama skills to do the same thing and maybe build a following!

# ECONOMICS



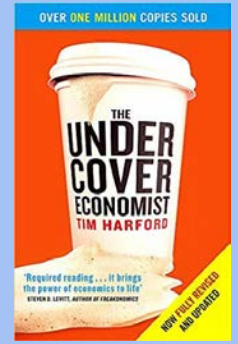
## Expert successes!

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## Resources:

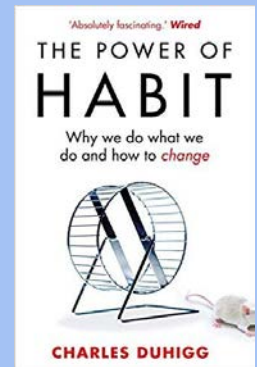
### “The undercover Economist”

It brings the power of economics to life.



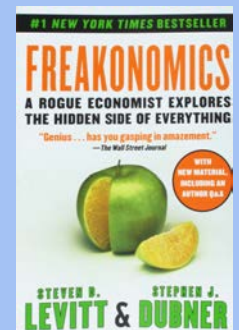
### “The power of Habit”

Why we do what we do and how to change.



### “Freakonomics”

Which is more Dangerous, a gun or a swimming pool?  
Read further to Find out.



*“Success is stumbling from failure to failure without loss of enthusiasm”.*

Winston Churchill

Immerse yourself in the following activities and enrichment trips:

- Shares4schools
- Monday Surgery
- A Level Grade Booster Workshop
- Bank of England
- Bloomberg
- Young Economist of the Year Essay Competition
- University of Cambridge: Gonville & Caius Women in Economics Day

## Gusto Project

### “What’s going on in Economics?”

Initiate a regular scrapbook with topical and interesting stories to engage others in Economics.

Include UK, US and international events and developments.



# ENGLISH



**Year 10 students run a creative and engaging starter activity for their peers - which they created themselves!**

## Resources

There are some great resources online to give you some gusto for English; use technology to your advantage!:

- BBC Writers' Room script library: <https://www.bbc.co.uk/writersroom/scripts>
- BBC Academy journalism podcast: <https://www.bbc.co.uk/programmes/p02pc9zz/episodes/downloads>
- Digital Theatre - recordings of drama productions.
- The 'BookTube' subgenre on Youtube - lots of readers are producing great vlog analyses of books.
- Project Gutenberg - website giving free access to out-of-copyright books: <https://www.gutenberg.org/>
- The British Library - a wide range of digital collections (some linked to exam topics!) <https://www.bl.uk/>
- KS3/4: Educake - a range of quizzes linked to topics you are studying in class.

**Nothing great was ever achieved without enthusiasm.  
- Ralph Waldo Emerson**

## Enrichment Activities:

- Creative Writing Club - October onwards - speak to Ms Collins.
- Thursday Reading Group at Haberdashers' (KS5)
- Slam/performance poetry event - TBC
- Tabletop RPG club (Spring Term) - speak to Ms Smith
- Carnegie Shadowing - speak to Ms Turton

## Gusto - project ideas:

- National Novel Writing Month - challenge yourself to write a 50,000 word novel during the month of November
- **KS4/5** - Browse the list of Literature MOOC courses here: <https://www.edx.org/learn/literature> - choose and complete one that enthuses you!
- Start and keep a 'literary scrapbook' - include excerpts from favourite novels, poems and plays, along with illustrations and pieces of your own creative writing.
- Try writing a story or play with a friend - each of you takes it in turns to decide what happens next. Best played through letters or email!
- Start a blog or Youtube channel where you review books you have recently read, or discuss old favourites! Why not try to get yourself published in the school newsletter?
- **KS3** - Undertake the Bronze or Silver reading award - contact Ms Turton.

# DESIGN & TECHNOLOGY



Learn how to 3D print

Student leaders play a vital role in D&T lessons, supporting the teachers to meet learning objectives. They can not only achieve great things themselves, but they also help other students to overcome challenges and experience success.



Resources:

<https://www.stem.org.uk> a great library of resources for STEM projects.

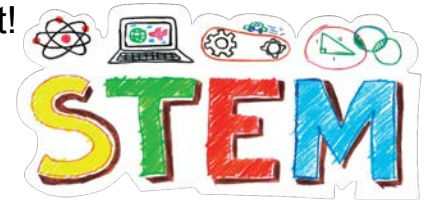
<https://www.instructables.com> if you have an idea for a project, then you'll probably find a like mind on this website to help get you started.

<http://www.technologystudent.com>

A database of facts and diagrams that teach you how stuff is made.

<https://www.youtube.com> 'How Its Made' is a Youtube channel that has a vast collection of films showing you how everyday products are manufactured.

<http://www.mstworkbooks.co.za/index.html> Gr8 technology website that is full of important theory and fun activities. If its not on this website, then it probably doesn't exist!



## FACT - THE FIRST MEN TO WALK ON THE MOON HAD A LOT OF HELP.

In total, it's estimated that it took approximately 400,000 scientists, engineers, and technicians to make Apollo 11's mission to the moon a success.

### Will humans walk on Mars in your lifetime? Will you be one of them?

Why become a STEM Expert? Today's students are tomorrow's leaders. As Britain strives to keep up with the current and projected demand for STEM output, it is important that our country remains competitive in fields of science, technology, engineering and maths.

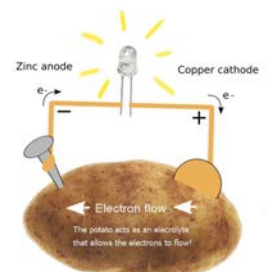


Enter competitions and challenges!



### Gusto Projects:

Make a potato powered light by connecting a potato, some copper wire, a zinc coated nail and an LED or two.



<https://science.howstuffworks.com/environmental/green-tech/sustainable/soil-lamp.htm>



# FOOD AND NUTRITION



Food experts were treated to a Chinese cooking masterclass by the 'Healthy Chinese Cuisine Ambassadors'. They watched a demonstration of authentic Chinese cooking and then recreated the dishes themselves under the guidance of the chef.

## Resources

Add Gusto to your successes by...

Following the links to see a wide range of resources, TV programmes and magazines you can read to further your knowledge and tempt you into creating winning dishes to wow everybody.

Food a Fact of Life has many links to the school's food curriculum

<https://www.foodafactoflife.org.uk>

This is suitable for KS4 and KS5 students

<https://www.nutrition.org.uk>

The Food Standard Agency is suitable for KS4 and KS5

<https://www.food.gov.uk/>

Masterchef:

<https://www.bbc.co.uk/programmes/b006t1k5>

GBBO: <https://thegreatbritishbakeoff.co.uk/>

Saturday Kitchen:

<https://www.bbc.co.uk/programmes/b006v5y2>

Delicious Magazine:

<https://www.deliciousmagazine.co.uk/>

BBC Food magazine:

<https://www.magazine.co.uk/magazines/good-food-magazine>

"I wish for everyone to help create a strong, sustainable movement to educate every child about food, inspire families to cook again and empower people everywhere to fight obesity."

-- Jamie Oliver



Let's Get Cooking runs in the Spring term for Year 7 and 8 students who want to add Gusto to their cooking

FutureChef competition is open to Students who are aged 12-16 and want to compete with the rest of the country.

Springboard  
FutureChef

I'VE SIGNED UP TO  
SUPPORT FUTURECHEF!

GET INVOLVED NOW!  
[futurechef.uk.net/chefs](https://futurechef.uk.net/chefs)

## Gusto

**Plan, prepare, cook and present a range of dishes that would be suitable for someone who requires a diet rich in fibre.**

**Present three final dishes.**

Research and analyse foods with a good source of fibre and make **3-4 dishes** to showcase your technical skills. As part of this you will: show consideration of the nutritional properties of food so that dishes made are healthy and nutritious.

You must include photographic evidence of the final dishes. You will be rewarded for the use of a range of technical skills and the quality of outcomes achieved. The complexity and challenge of the dishes produced is linked to the complexity of the skills involved in producing the dish.

# FRENCH



- Curiosity about how language works via digital grammar resources (all key stages) and grammar books (Years 11-13)
- Exploration of target language culture has developed a genuine interest in the country –through contact with native speakers (FLAs/ pen friends), trips abroad( Year 8), culinary experiences (French breakfast, paella making), music (Year 7 song at curriculum evening), the internet
- Classroom keywords (develop/create/transfer)
- Use of idioms/ idiomatic expression

## Resources

**MFL Curiosity Corner** (library)

**DVDs** -French films

(eg: Au revoir les enfants/Les Choristes/Le Petit Nicolas/)

**Literature** (eg: No et moi )

**Magazines**, adverts

**Digital resources**

eg:[linguascope.com](http://linguascope.com) /Languages online

[textivate.com/](http://textivate.com/)

[kerboodle.com/activeteach.cm](http://kerboodle.com/activeteach.cm)

[samlearning.com](http://samlearning.com)

[Boardworks/memrise.com/kahoot.com/voki.com/](http://Boardworks/memrise.com/kahoot.com/voki.com/)

<http://www.french-games.net>

[www.lightbulblanguages.co.uk](http://www.lightbulblanguages.co.uk)

<http://www.francaisextra.com>

[digitaldialects.com](http://digitaldialects.com)

[www.zut.org.uk/index](http://www.zut.org.uk/index)

<http://fr.ver-taal.com/index.htm/languagegym>

**Did you know that** the word **GUSTO** (enthusiastic enjoyment, pleasure, high spirits, cheerfulness) comes from the latin gustus (taste) from the verb gusto (to taste), which is related to the Greek verb geuso .



### Clubs/ events and subject opportunities

Ask your French teacher how to become a Language Leader - teach French to younger students at Little Reddings and Hartsbourne Primary Schools.

Look out for our MFL Film Club - discover great films in target language (with English subtitles). Why not research other films by your favourite film directors and pop suggestions into the MFL film box.

Onatti theatre will be coming into school this year. If you are in Year 8, make sure you see them.

### Inject some gusto into your week with French cross-curricular activities: KS3

Organise a French day at home - make a French menu, teach your family how to order in French then enjoy cooking the food and waiting on them. You could even add some French music to create the ambiance.

### KS4

Listen to some music by a chosen French artist and write a review to promote it to other students.

### KS5

Create an artistic display board on a topic that we have studied so far - include key words and pictures to depict the key themes.



# GEOGRAPHY



## Expert successes!

Last year in geography, students were able to expand their knowledge using technologies such as GIS to complete fieldwork activities. Lockdown did not stop us doing virtual fieldwork which GCSE and A LEVEL flair students took part in. Revision lessons to push top grades enabled students to become teachers to their peers in exam technique.

## Resources:

- Online resources
- Sam Learning
- Educake

## Documentaries and podcasts:

- National Geographic on Disney Plus
- Geogpod
- David Attenborough
  - A Life on our Planet
- Stacey Dooley
  - Fashion's Dirty Secret
- Before the Flood

## Books:

- Tim Marshall
  - Power of Geography
  - Flags worth Dying for
- Leslie Kern
  - Feminist City
- Jared Diamond
  - Guns, Germs and Steel

## Gusto Fact:

Despite there being a 21 hour time difference between Big Diomed (Russia) and Little Diomed (USA) they are only 3.8 km away from each other!

## Gusto Quote:

“The study of geography is about more than just memorizing places on a map. It’s about understanding the complexity of our world, appreciating the diversity of cultures that exists across continents. And in the end, it’s about using all that knowledge to help bridge divides and bring people together.” Barack Obama



Field work, RGS talks

## Gusto Project

Go to your local area and collect some data using the RGS guide below:

<https://www.rgs.org/CMSPages/GetFile.aspx?nodeguid=741d9eb5-fe6c-4da6-9eaf-5da45b6c7e44&lang=en-GB>

Analyse the data you have collected.

# GRAPHIC COMMUNICATION

Students use experimental printing techniques to produce imagery for their Personal Study projects. These images can then be edited into a variety of products.



## Last year:

We have now managed to incorporate elements of graphic design into lessons in KS3 and KS4, with some really excellent results so far.



Design is not just what it looks like and feels like. Design is how it works.

— Steve Jobs —

## Resources

Galleries and museums of design:

- Design Museum
- Victoria and Albert Museum
- L&V Art and Design
- Roca London Gallery
- Gallery FUMI

Useful websites:

[www.studentartguide.com](http://www.studentartguide.com)

[www.pinterest.co.uk](http://www.pinterest.co.uk)

[www.tate.org.uk](http://www.tate.org.uk)

Design on TV:

Grand Designs - C4

Abstract: The Art of Design - Netflix

The Great Interior Design Challenge - BBC Two

“CREATIVITY  
IS ALLOWING YOURSELF  
TO MAKE MISTAKES  
DESIGN  
IS KNOWING  
WHICH ONES TO KEEP”  
-SCOTT ADAMS

## This Year:

Opportunities in Photography within the Art Department include:

KS3 clubs include:

- Photoshop club

With a possibility of doing photo collage work  
Use of Adobe Photoshop and Illustrator

Ps

Ai

KS4

- Graphics based work as part of coursework

KS5

- Coursework support in study periods and after school
- Personalised learning environment
- Gallery trips

The newly refurbished art rooms will be available for all students to use.

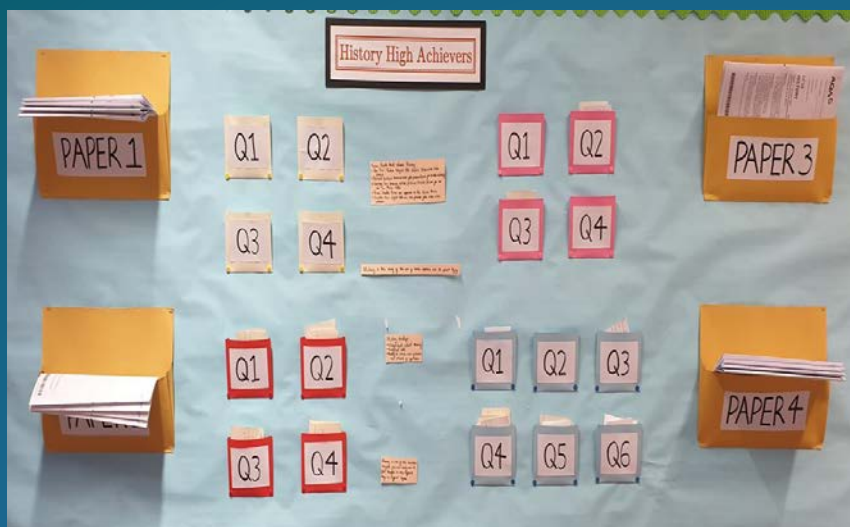
## Gusto project

Experiment with different lettering styles and typography. Design your own style of lettering and try it out in different colours. Could you use it to advertise a specific product?





# HISTORY



## Last year:

Students created online resources for additional research for their topics studied at KS4 and 5.

They researched different historic cultures often sidelined within historical narratives and presented their research to their peers.

They also took part in debates, using scholarly articles to initiate discussion.

## Resources:

Online history magazines

<https://www.historytoday.com/>

<https://thehistoryvault.co.uk/>

<https://www.historic-uk.com/HistoryUK/>

Useful websites

<https://www.history.co.uk/>

<https://www.nationalgeographic.com/history/?source=sitenav>

<https://www.history.org.uk/student/categories/history-resources-for-students>

Online videos

It's History

-<https://www.youtube.com/user/BlastfromthePast>

Crash Course History -

<https://www.youtube.com/user/crashcourse/playlists>

BBC history videos -

<http://www.bbc.co.uk/history/british/>

Simple History -

[https://www.youtube.com/channel/UC510QYIOIKNyhy\\_zdQxnGYw](https://www.youtube.com/channel/UC510QYIOIKNyhy_zdQxnGYw)

*History is not a burden on the memory but an illumination of the soul.*

**– Lord Acton**

- So last Era – History magazine created by students
- Immerse yourself in trips to museums and historical sites
- Lunch time year 11 sessions
- Debating society

## Gusto Project

Taste of the Past - have fun exploring different cuisine from the past.

Revive food from history, cook dishes from the past and plan your own medieval menu.

# IT/COMPUTER SCIENCE



IT and Computer Science more able students have the chance to program a new game in order for to complete tasks (e-Club).

Students had to use their computational thinking and analytical skills in order to initiate an array of problems from coding correctly to ensuring that the robot worked accordingly.

Google Applied Digital skills:  
<https://applieddigitalskills.withgoogle.com/c/en/curriculum.html>

CSFirst projects, programming in Scratch:  
<https://csfirst.withgoogle.com/en/home>

Cyber Security Challenge:  
<https://www.cybersecuritychallenge.org.uk/>

Code Academy learn HTML and CSS or learn programming in Python:  
<https://www.codecademy.com/catalog/language/html-css>

**Expert FACT** -The iPhone.....Before the iPhone was a phone, it was a tablet and the touchscreen technology that would later find its way into the iPad began as a secret research project commissioned by Jobs.

**Why become an Expert?** Today's students are tomorrow's leaders. As Britain strives to keep up with the current and projected demand for STEM output, it is important that our country remains competitive in fields of science, technology, engineering and maths.

There are many different projects that will be taking place in e-Club,so watch this space.



## Project - GUSTO

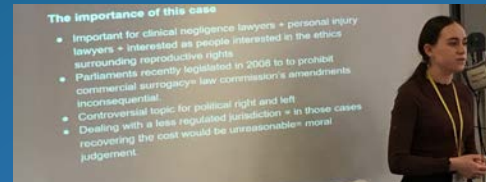
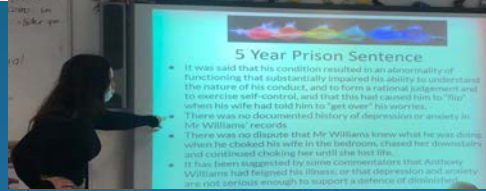
**Cyberstart:** If you are interested in learning about Cyber Security and wanting to know what MI5 and MI6 get up too, come along to e-Club on Mondays in H2 lunchtime.

**Microbit Workshop:** Students who are interesting in using Microbits, there will be a Microbit workshop coming soon aimed at KS3 students developing their understanding of how to program Microbits.



# LAW

## 'Flair Week' Presentations



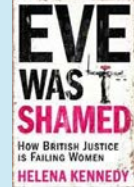
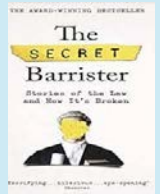
## Inspirational Guest Speakers

### Expert successes!

- Several legal professionals joined the classes remotely to share their expertise and legal career journey
- 'Always a Lawyer' independent learning resources were added to the law library in A2 and the LRC
- A celebration of 'Flair' law display was produced
- Students completed independent projects and either presented these to the class or produced a piece of quality written work
- Student wrote articles for the newsletter

## Resources

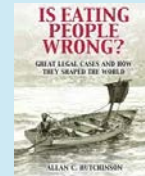
- A Secret Barrister by Anon - An engaging, thought-provoking book and a blog
- Books by Helena Kennedy - a look at the misogyny of justice



- Enjoy the strange and wonderful world of law - The Strangest Law Cases



- Enjoy the macabre and grotesque - Is Eating People Wrong? by Allan Hutchinson



- Follow on Twitter - Legal Action Group
- Law blogs

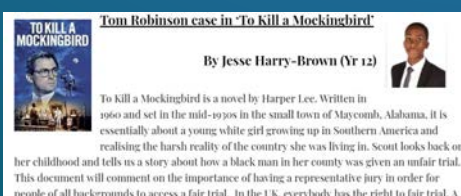
*There is no better way of exercising the imagination than the study of law. No poet ever interpreted nature as freely as a lawyer interprets the truth.*

**Jean Giraudoux** - French novelist and playwright



Law 'Flair' board

Independent law work



## A Project With Gusto

- Compare - Find out the difference between murder under English law and US law.
- Explain - How are the sentences for murder different in England and US?
- Evaluate - Which system of justice for murder do you think is best and why?
- Create - How would you improve the English law on murder?

# MATHEMATICS



## Expert successes!

24 Grade 9s at GCSE  
16 grade A-A\* for A level Maths  
75% A-A\* for Further Maths.

One student achieved a score placing him in the top 120 students in England in the UKMT challenge. He was selected for an enrichment course and has also chosen to continue at BMS Sixth Form.

Engagement of students during the lockdown period

## Useful Resources:

Nrich is great for mathematical investigations and problems which involve higher level thinking:

<https://nrich.maths.org/>

Dr Frost Maths has some excellent GCSE style questions for you to explore:

<https://www.drfrostmaths.com/>

Numberphile have uploaded some excellent videos which links maths to other subjects, such as science and technology:

<https://www.youtube.com/user/numberphile>

Mathswatch is used by all teachers at GCSE level to set targeted questions, though you can use MathsWatch for revision/ complete tasks in your own time too. The one minute videos are great for a quick recap:

<https://vle.mathswatch.co.uk/vle/>

MyMaths has some great problem solving questions:

<https://login.mymaths.co.uk/login>

There is also a maths library in G1 - feel free to come and have a browse!

“The only way to learn Mathematics is to do Mathematics” - Paul Halmos

“*Obvious* is the most dangerous word in Mathematics” - E. T. Bell

Good mathematics is not about how many answers you know,  
it is about how you behave when you don't know...



## Clubs/ events and subject opportunities:

Maths Games Club, UKMT Challenges, Maths Masterclass, Future Trips, extra revision sessions.

## Gusto Project:

Take part in Maths projects which relate to Art, Design and Architecture. These will be done during class and also in sessions which link the Maths and Art departments. Students are encouraged to show Gusto in exploring the relationships between Maths and Art.



# MUSIC



## Expert successes!

Last year we saw so many new bands being formed and using the music department at lunchtime. It is great to see so many young students enjoying their music making. Could you enjoy creating something similar this year and play at one of our concerts?

## Music resources

### KS3

[BBC Bitesize Music](#)

### KS4 and KS5

[Teoria](#)

[BBC Bitesize](#)

[Eduqas](#)

### Scores

<https://imslp.org/>

### Notation packages

<https://musescore.org/en>

<https://flat.io/en-GB>

### Listen to and watch music

Youtube

Netflix documentaries

Spotify

iTunes

BBC Sounds

*'We forget that this music, music made by my brothers and sisters, is still a baby. It's just beginning. When I think of the possibilities, it makes me smile.'* Barry White

## Music Extra-Curricular

### Monday

*Year 7 Choir*

### Tuesday

*Rock School*

*GCSE/A Level coursework*

### Thursday

*Theory Club*

*GCSE/A Level coursework*

*Jazz Band*

## Gusto Project

### KS3

Using music technology can you write a piece of music for a film clip or advert? We are looking for students to use the macs in D3 to create an inspiring piece of music that will be showcased on our summer CD.

### KS4/5

Develop the enjoyment of music for other year groups. How could you support the music department through working with younger pupils on music theory, composition or performance?

# PHILOSOPHY



## Expert successes!

Last year, RE students expanded their knowledge through a range of learning styles, including 'becoming the expert'. Students were given the opportunity to teach others with their expertise. Many students mentioned how helpful this was when trying to remember complex information. Studies have also shown that learning by teaching initiates the acquisition of life skills.

## Resources:

Great videos to be found on:

- TrueTube
- GodTube

Try watching these films/shows:

- Netflix - One Husband Three Wives
- Netflix - The Good Place

If you want to 'become an expert', these books are great:

- The Puzzle of God - Peter Vardy
- The Puzzle of Evil - Peter Vardy
- The Puzzle of Ethics - Peter Vardy
- The Blind Watchmaker - Richard Dawkins

Keep an eye out in the news for any items focusing upon ethical issues.

## *"Philosophy begins in wonder" Plato*

Interesting Facts about religion:

- 97% of the world's Hindus live in only three countries -- India, Mauritius, and Nepal.
- The religion with the oldest median age is Judaism at 36 years old, while the youngest group are the Muslims with a median age of 23 years.

## Last Year Expert Project:



- Research Plato's 'Famous Theory' - The Allegory of the Cave' and create a project based on this topic.

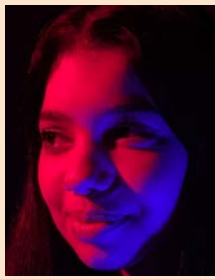
## Gusto Project

Create a research project of '*the creation story*', exploring the Christianity story of how God created the universe.

Look at the different 'arguments for the existence of God' and how Christians respond to each argument in line with their creation story told in Genesis.



# PHOTOGRAPHY



A level students work is inspired by photographers use of lighting and colour. Students can then experiment with Photoshop techniques.

## Exhibitions:

Students have recently visited an exhibition of the photographer JR Chronicles at the Saatchi Gallery in London.



For me, the camera is a sketch book, an instrument of intuition and spontaneity.

HENRI CARTIER-BRESSON

“Photography takes an instant out of time, altering life by holding it still.”

Dorothea Lange

## This Year:

Opportunities in Photography within the Art Department include:

KS3 clubs include:

- Photoshop club

With a possibility of doing photo collage work

KS4

- Photography based work as part of coursework

KS5

- Coursework support in study periods and after school
- Personalised learning environment
- Gallery trips

The newly refurbished art rooms will be available for all students to use.



## Resources

Galleries and sights to visit and photograph:

- Photographers' Gallery
- National Portrait Gallery
- Huxley-Parlour Gallery
- Atlas Gallery

Useful websites:

[www.studentartguide.com](http://www.studentartguide.com)

[www.pinterest.co.uk](http://www.pinterest.co.uk)

[www.tate.org.uk](http://www.tate.org.uk)

Photography on TV:

Great British Photography Challenge - BBC Four

Master of Photography - Sky Arts



By Lucas Simoes



# PHYSICAL EDUCATION



## Resources

UK Sport <http://www.uk sport.gov.uk/>

(what is happening in the world of elite sport in the UK)

Sport England [www.sportengland.org](http://www.sportengland.org)

(sports provision and promotion in England)

<http://www.careers-in-sport.co.uk/>

(jobs in the sports sector)

[www.sportplan.net](http://www.sportplan.net) (ideas for

coaching drills in a range of sports)

BBC sport [www.bbc.com/sport](http://www.bbc.com/sport)

(updates on all sports)

Sky Sports [www.skysports.com](http://www.skysports.com)

(leader in sports media in the UK)

OCR Exam board

<http://www.ocr.org.uk/> (GCSE, OCR

CTECH and CNAT Sport courses)

@BMSPEand  
Health



As we've all discovered during the lockdown period, the psychological benefits of exercise are huge. If we can plan ahead a suitable time in our week that is devoted to a form of exercise then we are more likely to keep that commitment. Once the exercise begins, we usually find that we have more energy and feel uplifted as a result of this. If we plan it; it is more likely to happen!

This year we are able to offer a wide range of competitive sports opportunities with District and County level competition in a range of sports. Students wishing to attend extra-curricular activities can select from a range that including football, basketball, badminton, rugby, netball, trampolining, cricket, rounders, athletics and table tennis.

Students identified as MA in PE should be looking to attend a range of extra-curricular clubs and practices.

Details can be found on the BMS website (calendar section) and in the PE lobby notice boards.

The assessment of the practical aspects of PE and sport examination courses has become increasingly challenging. For those aspiring to be a high performing sports student, the following challenges need to be completed :

- Represent the school in 3 different sports teams
- Regularly attend practices in at least 3 different sports throughout the year
- Identify the key fitness components required to be successful in your sport and make sure you are completing training sessions to maximise your fitness.



# PHYSICS



KS3 students at the STEM in action conference

Students participating in 'From the Earth to Mars' project to celebrate National Space day



Amazing physics fact: 99.99% of atoms is, in fact, empty space! This means that if you could collect all of the matter that makes up the human race it would fit inside a volume equal to that of a sugar cube!

You can become a physics expert by taking part in the following trips and extracurricular activities:

- KS3 STEM in action trip
- KS4 Science in action trip
- KS5 Physics in action trip
- Attending KS3 science club and complete a CREST award
- Taking part in the Physics challenge
- Entering the British Physics Olympiad.

## Resources

If you want to become a physics expert you could read

- Physics World magazine (available to borrow from L9)
- BBC Science Focus magazine
- New Scientist Magazine

Or visit the following websites:

- Physics.org  
<http://www.physics.org/explore.asp>
- Khan academy  
<https://www.khanacademy.org/science/physics>
- Nasa <https://www.nasa.gov/>
- Youtube minute physics channel  
<https://www.youtube.com/user/minutephysics>

## Gusto project:

**KS3:** Try making magnetic slime and perform some experiments with it. You can find a simple method on the internet.

**KS4/5:** What is the best alternative fuel source to replace petrol and diesel. Research different alternative fuels and write a report detailing what the best choice to replace these fossil fuels would be and why.

# POLITICS



## Expert successes!

Last year, politics students showed their flair for the franchise. They researched and evaluated the **US 2020 election**.

They considered the factors influencing the result including: campaign finance, impact of Covid, the media (Trump and Twitter) and the US Electoral College.

## Resources:

- Watch and read the news regularly
- Read the A Level Politics Review
- Use Seneca Edexcel
- Use the Parliament Educational resources website
- Other magazines to frequently dip into:
  - First Past the Post
  - Tutor2U Digital magazine
- Listen to podcasts on:  
<http://www.politics.co.uk/podcast/>

"Every accomplishment starts with the decision to try." **JF Kennedy**



Clubs/ events and subject opportunities:

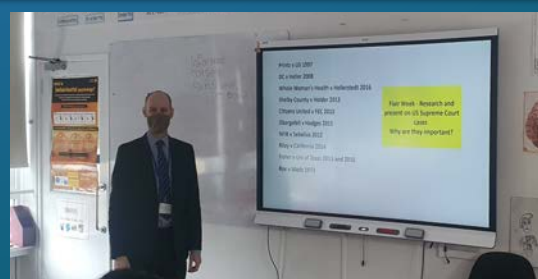
- Politics students should attend the 'Debating Club' and get involved!
- Within lessons, politics students should be prepared to lead sessions on current affairs and aspects of the course

## Gusto Project

**"What's going on in Politics?"**

Initiate a regular scrapbook with topical and interesting stories to engage others in politics.

Include UK, US and international stories as well as local issues.





# PSYCHOLOGY



## Expert successes!

Last Year Y13 students showed their flair for psychology presenting research on the impact of advertising on children. They discovered that advertising can reinforce gender stereotypes in the language being used for adverts. The use of voice-overs in television commercials generally matches the toy's targeted gender. Toy makers and their advertisers either make no effort to associate, or may consciously avoid associating girl-toys with 'power' or their potential to transfer power to their users.

## Resources:

Psych Yogi - a website containing all of the studies for Year 12 and Year 13  
<http://psychyogi.org/>

Revision Guides in A4

The Psychology Review Magazine - see your psychology teacher for subscription advice

Crash Course Psychology Youtube Page - a fun learning video with excellent cartoons

The QR bookcase in A5



- **Without change there is no innovation, creativity, or incentive for improvement. Those who initiate change will have a better opportunity to manage the change that is inevitable. - William Pollard**

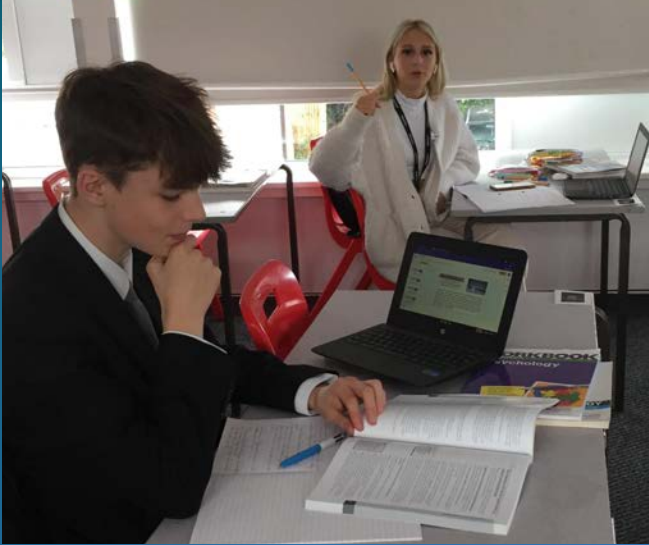
Clubs/ events and subject opportunities

A Level boosters  
Psychology Surgery  
TED Talks  
Psychology podcasts

## Gusto Project

- Identify the 5 core areas of Psychology
- What are their strengths and limitations?
  - How do they link to wider psychological debates?
  - Identify practical applications of psychology in everyday life.
  - e.g. intelligence testing.

# RELIGIOUS EDUCATION



## Expert successes!

- Get involved in Debate Club on a Monday lunchtime in H4 to discuss ethical issues as part of your moral and spiritual development.
- Develop your spiritual awareness by attending or visiting places of worship (for your own religion or a friend's religion).



## Think with Gusto!

**KS3** - Make sure you are always aiming for the yellow 'Challenge Box' in lessons. Try to give a balanced argument to the 'Big Question 5' in lessons. Be involved in the class discussions and use those key terms for the religion being studied.

**KS4** - Develop your knowledge of beliefs, teachings and practice of the main religions studied. Develop your understanding of your own religion and/or opinions on the 'Big Questions' by engaging with researching and chatting to family and friends about spiritual and moral issues.

**KS5** - Make sure you are deeply thinking about the questions we come across in our lessons. Consider the implications of theories for real life scenarios. These real life examples will help you evaluate the value and impact of the theories studied.

## Resources

### KS3

There are so many great novels and films out there that explore spiritual and ethical issues. For example, try C.S. Lewis' Chronicles of Narnia and find the links with Christianity. Or watch Prince of Egypt and learn the story of Moses.

### KS4

Great videos to be found on:

- TrueTube
- GodTube

Great overviews of topics and revision resources can be found at BBC Bitesize:

<https://www.bbc.co.uk/bitesize/subjects/zb48q6f>

### KS5

<https://thepanpsycast.com/> - the philosophy podcast is made by three philosophy graduates who chat about the topics we study in a relaxed and engaging way making you feel like you are part of the conversation. Listen on your way to school or while walking the dog!

## Gusto Project

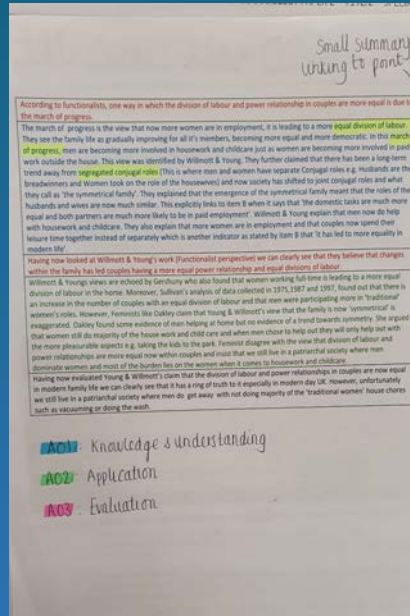
Explore the art of various religions; from the geometric patterns of Islam to the symbolism of Christianity. Create some of your own religious artwork such as a stained glass window.

### Important note:

Remember, that God and prophets in Islam should never be drawn. In all religions, if work has the name or image of God, store it away carefully according to the requirements of the particular religion.



# SOCIOLOGY



## Resources:

'The Sociology Guy'- Youtube Page - exam format and exam prep

'TheTEACHERSOCIOLGY' Youtube page - exam format and exam prep

The Sociology Review Magazine

Hectic Sociology Teacher website - revision sources and exam booklets

Interactive display in A4 - QR codes leading to revision activities

tutor2u workbooks & Revision guides

## Expert successes!

Caitlyn and Alex from Year 13 developed their understanding of sociological essays by always ensuring they completed purple pen and handed it in for further checking. This meant that they received additional feedback that lead to steady increases on their essay scores.

It is not always what we know or analyzed before we make a decision that makes it a great decision. It is what we do after we make the decision to implement and execute it that makes it a good decision.

William Pollard



## Gusto Project

"The corona generation? Using your sociological imagination, examine how Covid-19 may change young people's lives."

## Socflix - Documentaries

- The 13th
- Feminism - What were they thinking?
- The Social dilemma
- Saving Capitalism
- History 101
- Trials Gabriel Fernandes
- 100 Humans
- Explained

# SPANISH



## Expert successes!

- Curiosity about how language works via digital grammar resources (all key stages) and grammar books (Years 11-13)
- Exploration of target language culture has developed a genuine interest in the country –through contact with native speakers (pen friends), trips abroad, culinary experiences (magdalena making), dance (Flamenco workshop), music (Year 7 song at curriculum evening & christmas carols in Spanish), the internet
- Classroom keywords (develop/create/transfer)

**Did you know that** the word **GUSTO** (enthusiastic enjoyment, pleasure, high spirits, cheerfulness) comes from the latin gustus (taste) from the verb gusto (to taste), which is related to the Greek verb geuso .



## Clubs/ events and subject opportunities

KS4 Speaking club

### COMPETITIONS

EDL photo competition

Christmas card competition

Day of the Dead project

### ENRICHMENT

**Trips (Covid permitting)**

**Onatti thetare visit (Covid permitting)**

## Resources

**MFL books in library**

**DVDs** -Spanish films

**Literature** (eg: Como Agua Para Chocolate)

Mary Glasgow **magazines**,

**Digital resources**

Eg:

[www.linguascope.com](http://www.linguascope.com)

[www.languagesonline.org.uk](http://www.languagesonline.org.uk)

[Quizlet.com](http://Quizlet.com)

[kerboodle.com](http://kerboodle.com)

[samlearning.com](http://samlearning.com)

[Boardworks](#)

[Memrise.com](http://Memrise.com)

[Kahoot.com](http://Kahoot.com)

[voki.com](http://voki.com)

[www.lightbulblanguages.co.uk](http://www.lightbulblanguages.co.uk)

[digitaldialects.com](http://digitaldialects.com)

**Inject some gusto into your week with**

**Spanish cross-curricular activities:**

### KS3

Organise a Spanish day at home - make a Spanish menu, teach your family how to order in Spanish then enjoy cooking the food and waiting on them. You could even add some Spanish music to create the ambiance.

### KS4

Listen to some music by a chosen Spanish artist and write a review to promote it to other students.

### KS5

Create an artistic display board on a topic that we have studied so far - include key words and pictures to depict the key.



# TEXTILES



High quality waistcoats produced by GCSE students, demonstrating a range of creative and technical skills.



## Resources:

Being an expert in fashion & textiles is all about exploring, gathering ideas and finding out more about what is going on in the industry!

## Explore the collections in person or online through:

The Fashion & textiles Museum  
The V&A museum  
The Design Museum

## Watch:

Mcqueen (Film)  
Abstract: The art of design (TV)  
The True Cost (Documentary)  
Dior and I (Film)  
The Great British sewing bee (TV)  
Grand Designs (TV)

## Inspire yourself:

Create a pinterest board  
Find a designer whose work you love!  
Listen to a podcast

Develop a passion for fashion by watching London fashion week highlights on youtube.

<https://www.youtube.com/watch?v=T6A3yt-U>

## Bks



## Fashion fact:

Did you know that Alexander McQueen was one of the youngest designers to be awarded 'British Designer of the Year' at age 27. When he left school he worked hard as a tailor's apprentice on London's prestigious Savile Row. He knew what he was passionate about and entered into every opportunity with GUSTO!



## Gusto projects

Have a go at printing your own fabric. Use some simple objects like a fork, leaves, foam or even a toothbrush, with a variety of coloured printing ink and create your very own patterned fabric!

Sketch a capsule collection of clothing inspired by the theme of 'Animal'



Take a look at this link and have a go at making this boxy crop top.

<http://www.simplysewingmag.com/free-project/s/free-sewing-pattern-quick-kimono-top/>

## What's on in Textiles?

### KS3

### Fashion & Textiles workshops

Keep an eye out for workshop dates to have some fun making your own clothes and accessories!

### KS4 & 5:

Coursework  
Catchup (Mon lunchtime)





Enjoyment leads to success